

# Releasing Your Inner Wonder Woman



## Five Strides to Greater Power & Resilience

A Presentation by Gail Feldman PhD

**Saturday  
December 10, 2016  
2:30-4:30 PM**

- Discover Wonder Woman's secret history.
- Learn how she represents first wave feminism and her fight for human freedoms.
- Realize your own super powers and how the female brain is wired for leadership.
- Discover your resilience to handle the New Mid Life.
- Learn to use the "Power Tools" in Your Wonder Woman arsenal.
- Be the Bad-Ass Wonder Woman Warrior you were meant to be!

### High Desert Yoga

4600 Copper Avenue NE Albuquerque, NM

\$75 for your entry

Register: [highdesertyoga.com](http://highdesertyoga.com)



**Dr. Gail Feldman**, long-time psychologist, former assistant psychiatry professor, and award-winning author, has published six books, appeared on radio and television programs across the country, and speaks internationally on creativity, resilience, and the hero's journey. Her current passion is facilitating transformation through ontological life coaching. Learn more about Dr. Feldman by visiting her website: [www.gailfeldman.com](http://www.gailfeldman.com)